

Hard Tourism

Waitomo Caves/Blackwater rafting

Blackwater rafting is definitely not white water rafting under the ground. The water is mostly quite calm, with only a few if any rapids. On a scale of 1-10, Blackwater rapids typically rate about 1 or 2.

All black water options at Waitomo include significant amounts of walking underground. Blackwater rafting can also be described as toobing, tubing or cave rafting.

You will need moderate fitness (able to bushwalk or ski for a day) to take part in these trips. They are not 'a walk in the park' but they are great fun.

<http://www.waitomo.co.nz/>

Mountaineering

All of these tours are hard adventures. High levels of fitness are required and survival skills are very helpful. Also some specialty gear may be required. A booking form and a deposit of around \$1000 are essential before each trip you book.

You can climb in these places in New Zealand:

- Mt Aspiring National Park (including Mount Aspiring)
- Westland National Park
- Fiordland National Park (The Darrans)
- The Remarkables (Queenstown)

<http://www.summits.co.nz/>

Shark Diving

Punch a Shark in the nose.

Ever wanted to experience the thrill of being in a cage with sharks swimming around you, well now you can, come to Shark Dive NZ and have the time of your life. Over the years they have been working with these sharks and have also established stringent safety protocols and briefings to follow: cage doors are wired shut.

<http://www.sharkdivenz.com/stewart-island/>

Mountain Biking

Fat Tyre Adventures are based in Queenstown. They offer amazing mountain biking experiences from helibiking, single track day trips and have weekend tours. The tracks have a variety of different terrain. You can book tours through their website. They are flexible with riders and can tailor the rides to suit you. On their website they have their ride options which have a variety of different tracks customers can take.

<http://www.fat-tyre.co.nz/>

Sky Dive Lake Wanaka

Sky dive Wanaka offer amazing scenic sky dives. They are tandem sky dives with an experience guide who will ensure you have the best sky diving experience. Before entering the plane for take-off participants say a few words to a camera as proof of their courage. They have a shop also where you can get sky diving tee shirts and hoodies.

<http://www.skydivewanaka.com>

Soft Tourism

TSS Earnslaw& Walter Peak High Country Farm

You can take a cruise on the lovely Lake Wakatipu on the TSS Earnslaw.

The boat itself is a piece of floating history and you can take in the wonderful scenery of Queenstown and can see how the boat operates and learn about the history of the area.

You can also visit Walter Peak station and take a farm tour, do a heritage tour or go horse trekking.

http://www.realjourneys.co.nz/Main/TSSEarnslaw_WP/

Art Adventures

Offer walking and sketching through scenic views throughout Queenstown and Lake Wakatipu. Tours are offered to small groups and can last for one day or up to four days. The clients get the opportunity to leave with their best work framed and ready to hang at their home. Costs include transport, art materials, gourmet refreshments served on location and a glass of wine at the end of the trip.

<http://www.artadventures.co.nz/>

Pure Trails New Zealand

Pure Trails New Zealand specialise in small group adventure biking and walking tours around some of New Zealand's pristine location.

Walking Tours in Southern Lakes and Mountains, Northern Beaches and Sounds, Coromandel and the far North, Alps tussock and Island time, Fiords Pinot and Glaciers.

Biking tours from Otago Rail trail, Wild West Coast, Mackenzie Country, Canterbury country, Molesworth station and winter Otago Rail Trail.

www.puretrailsnewzealand.co.nz

Eco Wanaka Adventure

Discover the scenic locations that inhabit Wanaka and venture in the adventurous outdoors with Eco Wanaka adventures and experience, guided hiking, Lake cruising, heli hiking and lake fishing in Wanaka's backyard.

www.ecowanaka.co.nz

Happy Valley Adventures

4 Wheelin' Fun –Quad biking Adventures

This is a soft activity because it is always controlled, any dangerous situation possible they will be prepared for. There are several different routes you can take, easy to hard. To start the activity you practise by doing safety drives around a farm field, this ensures you know the basics and are able to drive the bikes. You also have to be a certain age to drive or you can sit on the back with someone else.

<http://www.happyvalleyadventures.co.nz/four-wheel-atv-quadbikes.html>